

2 November 2022

# Mayoral Message

Dear Residents



It's November, and you know what that means... it's time to start growing that mo!

The Movember Foundation runs events each year in November to raise awareness and funds to tackle prostate and testicular cancer and suicide amongst men.

It's no secret that men are dying on average five years earlier than women, and for largely preventable reasons. Around 10.8 million men globally are diagnosed with prostate cancer, and you may be surprised to learn that testicular cancer is the most common form of cancer among young men. It's also devastating to know that, across the world, one man dies from suicide every minute of every day.

To spread awareness and raise funds, thousands of people across the globe, and I know many in our City, will grow a mo. And for those who prefer contributing in other ways, there are some fun ways to get involved and show your support. To find out how, go to [au.movember.com](http://au.movember.com)

It's an initiative by the Movember Foundation to take action so we can all live healthier, happier and longer lives. And with men's health in a state

of crisis, it's never been more important to get involved.

Council will be playing its part by supporting each Councillor and staff member who grows a mo. For each Councillor who gets involved, Council will donate \$100 to the Movember Foundation, and \$50 for each staff member.

A donation which might seem like a drop in the bucket, but if we all band together, could change the face of men's health. Over the last 18 years, the Movember foundation has funded the development of 54 inventions, 70 therapies and 107 diagnostic tests for prostate cancer.

So, this November, it's time to muscle up for men's health and mo up! Your contribution could help save a father, a brother, a son, a friend, a man's life.

Whether it's a Chopper Reid, a Johnny Depp, a William Shakespeare, or even a handlebar, whatever you choose will help save a bro.

Yours sincerely,



Clr Khal Asfour  
**MAYOR**